

# JANUARY 2023

Morgan County R-1

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**2**

NO SCHOOL

**3**

NO SCHOOL

**4**

 Pepperoni Pizza  
Toasted Raviolis  
Corn/Baby Carrots  
Fruit

**5**

 Corn Dog  
Hamburger  
Crinkle Fries/Mixed Veg  
Fruit

**6**

 Chicken Nuggets  
Mashed Potatoes/Gravy  
Green Beans  
Fruit

**9**

 Cheeseburger  
Breaded Chicken Sandwich  
Peas/Carrots  
Fruit

**10**

 Chicken Alfredo  
w/breadstick  
Meatball Sub  
Broccoli/Wango Mango  
Fruit

**11**

 Turkey Sub  
Hot Ham & Cheese  
Green Beans/Baby Carrots  
Fruit

**12**

 Hot Dog  
BBQ Rib  
Baby Carrots/Chips  
Fruit

**13**

 Beef Nachos  
Refried Beans  
Corn  
Fruit

**16**

NO SCHOOL

**17**

 Pizza Quesadilla  
Cheese Bosco w/marinara  
Green Beans/Baby Carrots  
Fruit

**18**

 Sloppy Joes  
BBQ Chicken Sandwich  
Mixed Vegetables/Cookie  
Fruit

**19**

 Chicken Quesadilla  
Ham & Cheese Sub  
Baby Carrots/Broccoli/Ranch  
Fruit

**20**

 Turkey Pot Roast  
Mashed Potatoes  
Corn/Roll  
Fruit

**23**

 Burrito w/cheese  
Cheese Quesadilla  
Peas/Carrots  
Fruit

**24**

 Chili  
Hot Ham & Cheese  
Cucumbers/Baby Carrots  
Cinnamon Roll  
Fruit

**25**

 Hamburger  
Grilled Chicken Sandwich  
Crinkle Fries  
Fruit

**26**

 Breaded Chicken Sandwich  
Country Fried Steak on bun  
Corn  
Fruit

**27**

 Cheese Pizza  
Green Beans  
Wango Mango  
Fruit

**30**

 Mac & Cheese w/ham  
Chicken Wrap  
Broccoli w/cheese  
Fruit

**31**

 Hot Dog  
BBQ Rib  
Crinkle Fries/Baby Carrots  
Fruit


# JANUARY 2023

Morgan County R-1

Monday

Tuesday

Wednesday

Thursday

Friday

2

NO SCHOOL

3

NO SCHOOL

4

Pop Tart  
Fruit

5

French Toast  
Syrup  
Fruit

6

Breakfast Burrito  
Fruit

9

Cereal  
Fruit

10

Pancakes  
Syrup  
Fruit

11

Sausage Egg Biscuit  
Fruit

12

Muffin  
Fruit

13

Pizza Breakfast Bagel  
Fruit

16

NO SCHOOL

17

Breakfast Flatbread Pizza  
Fruit

18

Egg Patty  
Toast/Jelly  
Fruit  
G&G: Apple Frudel

19

Bagel  
Strawberry Cream Cheese  
Fruit

20

Pancake Stick  
Syrup  
Fruit

23

Yogurt  
w/granola  
Fruit

24

Pancakes  
Syrup  
Fruit

25

Mini Waffles  
Fruit

26

Cereal Bar  
Fruit

27

Biscuit  
w/sausage gravy  
Fruit  
G&G: Sausage Biscuit

30

Cereal  
Fruit

31

Breakfast Burrito  
Fruit

